

Surface properties of low-density polyethylene treated by plasma immersion ion implantation for food packaging

Propriedades de superfície do polietileno de baixa densidade tratado por implantação iônica por imersão em plasma para embalagens alimentícias

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ABSTRACT

In this work, some surface properties of low-density polyethylene (LDPE) treated by plasma immersion ion implantation (PIII) are presented. The effects of PIII of the LDPE samples regarding surface structures, wettability and transparency in visible light were studied. The PIII was applied in a vacuum system at a total pressure of 13.33 Pa. An applied power of 25 W at 13.56 MHz was used for a fixed treatment time of 300 s. Attenuated total reflection Fourier transform infrared spectroscopy (ATR-FTIR) detected the presence of new molecular groups on the treated LDPE surface. Reduced optical transmittance was observed in the visible region of the treated material. Contact angle measurements were useful to identify the hydrophilization of LDPE treated in nitrogen plasmas. The Stop and Range of Ions in Matter (SRIM) simulation was used to model the distribution of implanted ions on LDPE matrix.

Keywords: LDPE, Surface treatment, PIII, FTIR, Optical transparency, SRIM.

RESUMO

Neste trabalho, são apresentadas algumas propriedades superficiais do polietileno de baixa densidade (PEBD) tratado por implantação iônica por imersão em plasma (PIII). Foram estudados os efeitos da IIIP das amostras de PEBD sobre as propriedades estruturais na superfície, molhabilidade e transparência na luz visível. A IIIP foi aplicada em um sistema de vácuo a uma pressão total de 13,33 Pa. Uma potência aplicada de 25 W a 13,56 MHz foi usada para tratamentos com tempo fixo de 300 s. A espectroscopia por Reflexão total atenuada no infravermelho por transformada de Fourier (ATR-FTIR) detectou a presença de novos grupos moleculares na superfície do PEBD tratado. Uma redução na transmitância óptica foi observada na região da luz visível para o material tratado. As medidas de ângulo de contato foram úteis para identificar a hidrofilição do PEBD tratado em plasmas de nitrogênio. A parada e o alcance dos íons na matéria via simulação, (SRIM), foi usada para modelar a distribuição dos íons implantados na matriz polimérica do PEBD.

Palavras-chave: PEBD, tratamento superficial, IIIP, FTIR, transparência óptica, SRIM.

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INTRODUCTION

Low-pressure plasma treatment is a promising technique which can improve the surface properties of the polymers without altering their bulk properties. Such technique forms an environmentally friendly alternative to conventional surface modification methods¹. Plasma treatment is a relatively cheap and simple process for the fluorination of polymer surfaces².

Radiofrequency (RF) plasmas using fluorinated gases can fluorinate surfaces at room temperature, thus avoiding thermal degradation of the material³. Nitrogen plasma surface treatment at low pressure improves adhesion properties of paints or other coatings⁴. More intense changes are obtained when the sample exposed to the plasma is polarized with pulses of high-negative voltage, thus attracting positive ions. The interaction of positive energetic ions with the atoms of the solid can cause excitation, ionization, fragmentation of chemical bonds, emission of molecular species and atomic displacements, inducing compositional changes and structural rearrangements. This process is known as plasma immersion ion implantation (PIII) and was created to overcome certain limitations of conventional implantation using ion beams⁵.

There are many techniques that can be used to modify the surface properties of materials by the addition of particles, coatings and functional groups⁶. The growing interest in ion-implanted polymeric materials, however, is due to their increasing demand in various disciplines. In this sense, the introduction of new technologies could lead to a reduction in processing time or an improvement in operating conditions, thereby decreasing both environmental and financial costs⁷.

Plasma treatments cause chemical and physical changes on the plasma-polymer interface, which improve surface properties^{8,9}. Other results, including hydrophilization or fluorination of surfaces of commercial polymers using plasma immersion techniques, were discussed in the first author's doctoral thesis¹⁰ and can be found in recent papers^{11,12} regarding oxygen activation on the surface of LDPE as revealed by FTIR. Moreover, improvements were obtained in wettability character, determined by contact angle measurements, and in transmittance in the visible range, as revealed by ultraviolet-visible spectroscopy (UV-Vis). Works in the literature demonstrate the effectiveness of PIII to produce such changes in the surface properties of polymeric materials¹³.

MATERIAL AND METHODS

LDPE substrates: preliminary considerations

Low-density polyethylene (LDPE) or just polyethylene (PE) (C_2H_4)_n is an inexpensive and abundant thermoplastic that has excellent chemical and electrical resistance, low coefficient of friction, high resistance to moisture, and easy processing. The working range for processing this resin ranges from 40 to 93 °C. Owing to the presence of amorphous (disordered) and crystalline (ordinate) regions¹⁴ Polyethylene is a semicrystalline polymer

The PEs are classified by density into families. Here, d is density in $g\cdot cm^{-3}$:

- i. Linear low-density polyethylene (LDPE) ($0.900 < d < 0.915$);
- ii. Low-density polyethylene (LDPE) ($0.910 < d < 0.925$);
- iii. Linear medium-density polyethylene (PELMD) ($0.926 < d < 0.940$);
- iv. High-density polyethylene (HDPE) ($0.941 < d < 0.959$).

Each of these types presents its specific characteristics such as morphology, flexibility, transparency, and impact resistance¹⁵. Owing to their non-polar nature, Polyethylene's have high stability to chemical agents, being resistant to aqueous solutions of salts, inorganic acids and alkalis, up to 60 °C, PEs are stable in many solvents. Polyethylene films are used for various types of packaging because of their low cost and flexibility¹⁶.

Table 1 shows respectively:

- i. Typical energy values of some plasma species, and;
- ii. The energy required to break the chemical bond of some carbon-bound molecular species, which is the most common element in the polymer matrix of LDPE.

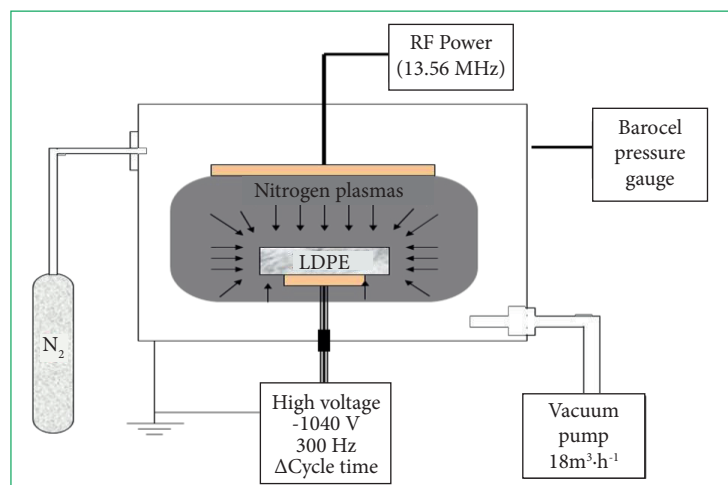
The interaction of plasma species with the surface can induce the formation of active sites (free radicals and excited species, for example), which can undergo a molecular rearrangement or chemically react with species from the atmosphere that surrounds this surface¹⁹.

Table 1: Energy values of some species present in plasma and energy binding values of possible molecular species^{17,18}.

Plasma species	Associated energy (eV)
Electrons	0 – 20
Ions	0 – 2
Photons UV/visible	3 – 40
Molecular species	Bonding energy (eV)
C-H	4.3
C-N	2.9
C=O	8.0
C-C	3.7
C=C	6.4
C ^o C	8.4

Techniques selected for the experiment

The experimental setup used consists of a stainless-steel vacuum chamber with two internal electrodes²⁰, evacuated by a rotary pump (18 m³/h) to $\sim 10^{-1}$ Pa. Needle valves were employed to control the gas flows and a Barocel pressure sensor to monitor the chamber pressure. In this case, the total pressure of the reactor was constant at 100 mTorr (13.33 Pa). The treatment temperature and time were maintained constant at 298 K and 300 s, respectively. The LDPE samples were placed on the lower electrode and directly exposed to the nitrogen plasma environment established by radiofrequency power (13.56 MHz) at 25 W applied to the upper electrode while the lower electrode was supplied with negative pulses of -1040 V at 300 Hz. The cycle times used were 1, 30, 100 and 500 μ s. The pulsed voltage was monitored by a digital oscilloscope (Tektronix TDS 2014). Figure 1 shows a scheme of the treatment system.

**Figure 1:** Scheme of the plasma immersion ion implantation system.

The effect of the plasma treatment on the chemical structure of the white LDPE surface was evaluated using a Jasco 410 FTIR infrared spectrometer²¹. Transmission spectra were collected for the virgin and plasma-treated samples. Contact angle measurements were obtained immediately after treatment using a Ramé-Hart 100-00 Goniometer, employing the sessile water drop technique²².

The Stop and Range of Ions in Matter (SRIM) software (2018) was run to reveal the maximum reach of 1 keV nitrogen ions in the LDPE (*marlex*) target (of density $\rho = 0.93$ g/cm³). The function *ion distribution with recoils and quick calculation of damage* was used to provide a statistical estimate based on the Kinchin–Pease formalism²³, in which the number of point defects generated by an implanted ion is derived analytically from the energy that is transferred from an ion to an atom of the target material²⁴. It was anticipated that some organic compounds would appear after the treatment, which are responsible for the mechanism of hydrophilization of the surface²⁵.

RESULTS AND DISCUSSION

FTIR spectroscopy

Treatment by PIH changes the chemical structure of the LDPE surface. Fig. 2 shows the FTIR spectra of the untreated and treated samples. Absorption bands and their attributions are indicated.

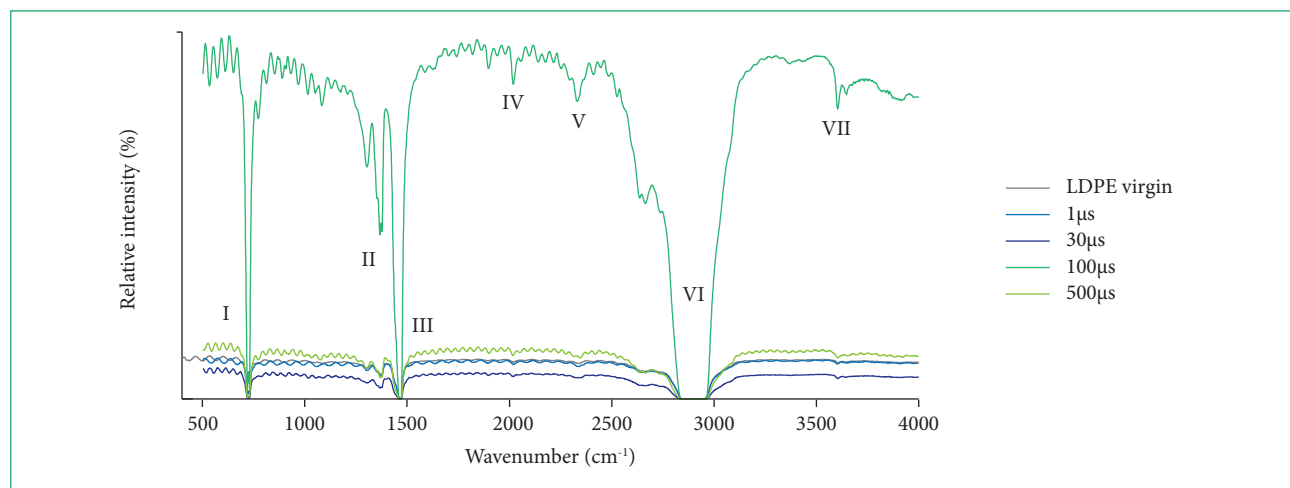


Figure 2: Infrared spectra of LDPE treated by PIII at 13.33 Pa, 25 W of RF power using N_2 plasmas for 300 s for ion implantation cycle times (in μs) of 1, 30, 100 and 500.

Although it is primarily a qualitative analytical tool, it has been used to quantitatively gauge the concentrations of functional groups in plasma polymers and, hence, the crosslinking density of hydrocarbon plasma polymers²⁶. An absorption in 3600-cm^{-1} (VII) shows the presence of $-\text{OH}$ on the treated surface. The presence of oxygen is explained by the free path even during the treatment or after the treatment. The residual oxygen makes chemical bonds with free path during plasma process, and also, free path captures oxygen from the air when the samples are exposed to the atmosphere after treatment²⁷. Bonds of hydrogen are easily broken due to its weak bonds²⁸. In fact, high voltage influences on the surface bonding configuration²⁹.

The position and the bands as indicated on the FTIR spectra are similar for all LDPE samples, but their intensities are slightly different, such as a strong band in 2900-cm^{-1} (VI) caused by C-H stretching vibrations in CH_2 . The variation is more evident at 500 μs , in which the intensity of the peaks at 2340-cm^{-1} (V) N-H^+ , attributed to amine absorption, and correlated compounds at $\sim 1950\text{-cm}^{-1}$, (IV) attributed to allenes $-\text{C}=\text{C}=\text{C}-$, become stronger. The band at 1490-cm^{-1} (III) is attributed to the C-H bending vibrations of paraffin hydrocarbon³⁰. The peaks at 1350-cm^{-1} (II) are attributed to an axial deformation of the C-O from carboxylic acid coupled to $-\text{OH}$. An absorption peaked around 730-cm^{-1} (I) is attributed to angular asymmetrical in-plane deformation of $-(\text{CH}_2)_n-$.

Contact angle measurements

The contact angle of the liquid on a solid surface, which is closely related to the surface free energy, can be evaluated using the sessile drop technique with deionized water drops at room temperature³¹. Table 2 shows the contact angle as a function of the cycle time, showing that nitrogen plasmas are suitable for surface hydrophilization.

Table 2: Contact angle as function of cycle time of LDPE samples treated in N_2 at 13.33 Pa, 25 W for 300 s, for different ion implantation cycle times. The other parameters were -1040 V and 300 Hz.

LDPE contact angle ($^\circ$)	Cycle time (μs)
76 ± 1	0 (untreated)
30 ± 1	1
24 ± 1	30
17 ± 2	100
9 ± 1	500

Increasing the cycle time decreases the water contact angle from 76° for the untreated sample to 9° for the samples treated at 500 μs . The results in this work are consistent with those of previous studies, showing that ion bombardment is effective in changing the surface contact angle^{32,33}. The same hydrophilic behavior of polymeric samples was observed using nitrogen plasma treatment for textile industry applications³⁴.

Possibly, polar groups formed by the recombination of free radicals contributed to the decrease in the contact angle of the LDPE samples. This is consistent with the FTIR spectra, because of the polar hydrocarbon and oxygen-containing groups formed on the surface, leading to hydrogen bonding with pure water. Polymer chains have a high degree of flexibility and mobility that allows the reordering of polar and nonpolar groups inside the material through translational and vibrational motion which cause the transient hydrophilic character³⁵.

Moreover, stability is an important and notable feature for some applications. For applications aimed at packaging-food interaction, it is possible to improve the chemical bonding of the polymer chain with other substances, like sugars (which have, in turn, polar groups) under certain treatment conditions, especially using nitrogen. As reported by Lee et al.³⁶, the surface of the treated plastic also becomes suitable for other applications, such as industrial paints, protective layers, and self-cleaning/optical windows.

Although the treatment results in the incorporation of polar groups, polymer wettability does not involve only oxidative reactions. Loss and incorporation of new species, besides O, may occur with ageing³⁷. Along with chemical modifications, structural reorganization favors the reduction of the surface free energy. Thus, the stability of the treated surface is determined by the extent to which polar species can move, which depends upon the degree of crosslinking³⁸. The rise in the number of covalent bonds among neighboring chains, known as anchor points, limits vibrational and rotational movements.

Plasma effect on the polymeric chain/SRIM simulation

The exposure of PE to plasmas of any of the gases He, Ar, Kr, Ne, Xe, H₂ or N₂, results in crosslinking of the surface. Hudis et al.³⁹, working with a hydrogen plasma, demonstrated that such crosslinking could be explained on the basis of the interaction of the polyethylene with ultraviolet radiation from the plasma. According to Fig. 3, it is possible to notice the changes in the structure of the polymer chains.

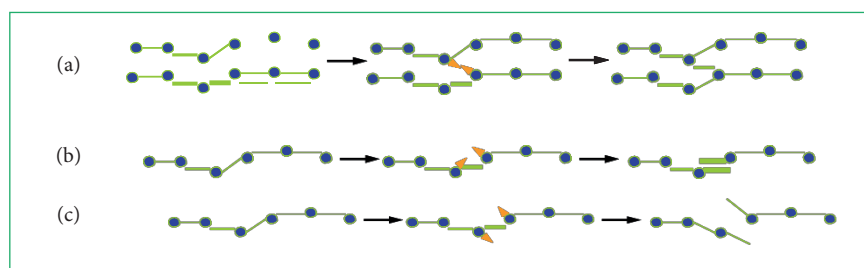


Figure 3: Plasma effect on polymeric chains caused by ionic bombardment: Electrons collision from the plasma ions to the backbone causes (a) cross-linked formation, (b) unsaturation. On the other hand, nuclear collisions can dissociate polymeric chains (c) inducing volatile species that can be removed by the vacuum pump.

An excellent review of this early work on plasma interactions with polymers can be found in the literature⁴⁰. In one of these studies⁴¹, some polymers including polyethylene, were treated with argon and nitrogen plasmas. It was found that nitrogen plasma treatment led to the incorporation of both oxygen and nitrogen functionalities.

Plasma immersion which in turn can be explained by the presence of hydrogen and oxygen incorporated onto its surface, as previously reported, increases the number of species with the same chemical affinity, leading to the formation of hydrogen bonds. To become stable after the treatment, the surface tends to reorient the short chain molecules and the oxygen-containing groups diffuse into the interior of the material⁴².

By observing the mechanism of oxygen incorporation, it is possible to explain the increase in wettability of samples treated with nitrogen. Small variations can be attributed to the structural reorganization occurred on the surface of the polymer after treatment. Polymer chains have a high degree of flexibility and mobility that allows the reordering of polar and nonpolar groups inside the material through translational and vibrational motion. Thus, the hydrophilic character may also vary depending upon ageing⁴³.

It is noted that changes in the contact angle with ageing are usually much smaller for polymers that are highly crosslinked, since then the mobility of the polymeric chains⁴⁴, and therefore, the reorganization of polar groups on the surface is attenuated. Carbon atoms can also be ejected and oxygen incorporation can be observed. The presence of oxygen in the reactor, either coming from residual gas or released from the glass chamber near the electrode region, may also account for this process. Therefore, the wetting of the bombardment surface is attributed to the electrostatic attraction between dipoles formed by O-containing groups in the LDPE surface and water molecules in the droplet⁴⁵.

To analyze the structural changes caused by bombardment of ions from the plasma sheath region, a simulation was made using the Stop Range Ions in Matter (SRIM) Calculation 2008. The program was run to associate the changes in surface properties of implanted polymers with the ion-energy loss mechanisms ($-dE/dx$). The property improvements (mainly attributable to crosslinking) were related to electronic energy transfer (excitation and ionization), and the degradation in properties (as the result of scission) to nuclear energy transfer (displacement reactions). When an energetic ion impinges on a polymer, its orbital electrons are stripped off and the nucleus becomes almost naked until the ion velocity slows down below the Bohr electron velocity of the medium⁴⁶. Figure 4 shows the range of 1 keV N⁺ ions.

A random distribution of irradiated ions is observed generating a relatively symmetric Gaussian. The mean value of the LDPE target depth was close to 70 Å for fluencies of up to 14×10^5 ions/cm². The new surface properties of the implanted material are attributed to

chain scission and crosslinking, which are related to the simultaneous nuclear energy transfer (displacement reactions) and electronic energy transfer (ionization), respectively.

As observed in Fig. 4, obtained by simulations of the effects of impacts by 1 keV of N^+ ions, the maximum ion range was less than 200 Å because of continuous energy loss, that can be estimated by applying the Kinchin–Pease model of recoils^{47,48}, and a phenomenological model based on equations from Lindhard–Scharf–Schjøtt (LSS) and Brandt–Kitagawa for electronic stopping⁴⁹. In this process, among other reactions, hydrogen atoms are freed from the polymer causing crosslinking. Although both electronic and nuclear processes cause crosslinking as well as scissions, it has been found that the most important parameter to achieve a high degree of crosslinking is electronic, while nuclear collisions tends to cause degradation⁵⁰. For a given energy, smaller ions penetrate deeper and cause fewer nuclear displacements than heavier ones. However, their maximum attainable is smaller because they have fewer nucleons and attain a lower charge state when stripped.

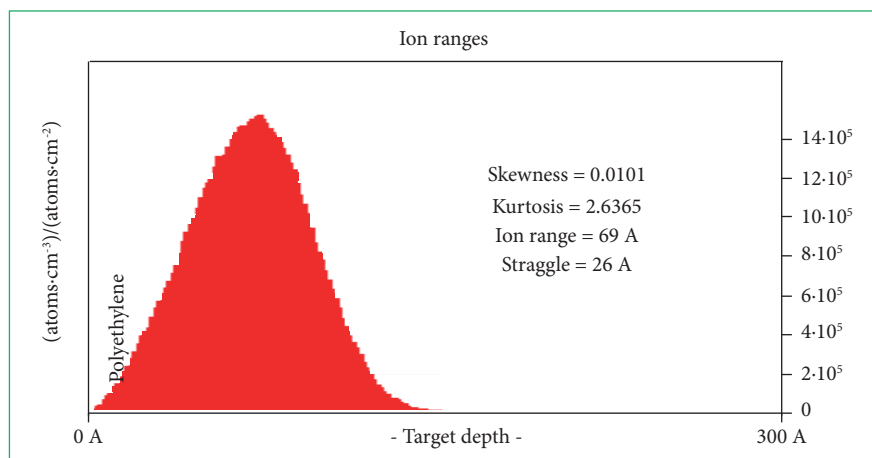


Figure 4: Distribution of N^+ ions as a function of target depth.

For engineering applications, the degree of crosslinking and scission as well the depth of the modified layer need to be controlled and can be tailored by optimizing the electronic-to-nuclear ratio by a judicious choice of ion species and ion energy⁵¹. Experimental results suggest that unsaturation can occur when ion pairs in two neighboring chains overlap⁵², because the SRIM simulation does not take into account the compositional and structural changes of the polymer substrate in the course of the implantation.

Ultraviolet visible near infrared spectroscopy (UV Vis-NIR)

Figure 5 shows the optical transmittance spectra of LDPE treated with N_2 plasmas by PIII coupled at an RF power of 25 W for 300 s. The applied voltage was –1040 V at 300 Hz, while the cycle time was 1, 30, 100 and 500 μ s. Transmittance remains almost constant in the visible range (400 to 700 nm), but decreases for λ below 400 nm.

Thus, the plasma treatment has influenced quite distinctively the transmittance of LDPE. The optical transmittance decreases for all cycle times because of crosslinking and unsaturation, which depend on the reorganization of molecular groups on the surface, which in

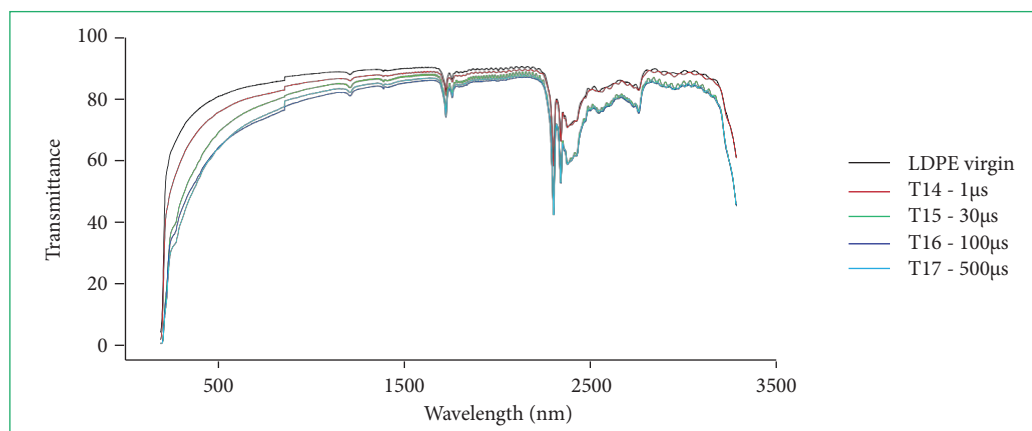


Figure 5: Optical transmittance as function of the wavelength of LDPE samples treated with (13.33 Pa) 100 mTorr of N_2 for (300 s), 25 W of RF by different cycle time of Ion Implantation. The parameters of high voltage were –1040 V and 300 Hz.

turn are influenced by distortions along the LDPE chains. Nuclear collisions can be related to plasma kinetics, creating double bonds, promoting interlacing and anchor points along the backbones, and, then, promoting a quite closed polymeric matrix that impedes the free passage of radiation, thus explaining the loss of $T(\lambda)$ at visible range⁵³.

For instance, 1 keV is enough to promote greater fragmentation of species by bond breaking and, subsequently, recombination between different species from the plasma, causing greater distortions in the chains, entanglement and rearrangement; thus, reducing the free path of the incident radiation⁴⁸. The reduction in free path was also reported by Turner⁵⁴.

The stability of polymers under irradiation can be affected by the type of chain-linking group and pendent atoms or groups attached to the backbone of carbon atoms. According to Sant'Ana⁵⁵, free radicals and dangling bonds left in the structure tend to rearrange to minimize their concentration. This reorganization might result in unsaturated carbon bonds (C=C) or processes of entanglement or crosslinking via covalent bonds when the radicals are created in adjacent chains, thus decreasing the free passage of the incident radiation.

Moreover, the mechanism of electronic stopping can occur involving electromagnetic interaction between the positively charged ion and target electrons. Electronic energy loss can be explained by this mechanism, commonly called "glancing collision" (inelastic scattering, with small momentum transfer)⁵⁶. The literature reports the loss of optical transmittance of visible light $T(\lambda)$ as a consequence of adjacent carbon chains (crosslinks), acting as a barrier for the free path of radiation through the polymeric lattice⁵⁷ which approximates adjacent chains and, then, may fill voids contained in the structure of the polymer chains.

The color change (the polymer tends to become darker, changing from its initial yellow as the fluency increases) has been attributed to the formation of conjugated double bonds, labile products, and other defects during irradiation^{58,59}. The color change is generally irreversible but some color centers such as structurally related radicals can be reduced or removed by annealing⁵⁹. This is an important issue for optical applications and future studies. For food packaging, it is important to maintain high transmittance in visible region because one of the criteria for consumer purchasing is visual inspection of the packaged food.

CONCLUSION

Plasma treatment has been effective to improve the surface properties of LDPE samples. The FTIR indicates the presence of unsaturated bonds and oxygen polar groups owing to the effect of electronic collisions, which create free radicals when nitrogen ions are implanted. The contact angle (Θ) decreased because of polar group, such as OH and CO, formed on the surface. Nitrogen ions of 1 keV are assumed to penetrate deeper into the polymer. This condition was considered in this work, equivalent to -1000 V of high voltage in the PIII process.

The range of ions projected onto the array, (N^+) which contains larger voids in the microstructure, is notable because the atom has a greater mobility translated by empty spaces, decreasing the energy loss either to nuclear or electronic collisions. The mean penetration depth was 69 Å, and the maximum depth was 200 Å. Moreover, since the ion energy (1 keV) is much higher than the binding energy of atoms in a polymer, the ion imparts enough energy to the primary replaced atom (recoil) for the following replacements thus producing nonlinear collision cascades. Displaced recoils are capable of creating further recoils and ionization. The authors believe to be predominant more for recoils than ions.

It is concluded that $T(\lambda)$ is reduced owing due to the crosslinking mechanism that approximates adjacent chains, lowering the passage of the incident radiation. However, the treatment condition (T 14), related to the LDPE implanted with 1 μ s of cycle time, presented the lowest loss transparency (%) in the visible region, maintaining its high transmittance, which is important for food packaging.

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